

Is it Easy to Change at Your Rescue Mission? - Program Checklist

Well organized Program

- Addiction-specific topics, along with Bible.
- Well-defined phases through which participants progress - residents must attain specific recovery-oriented goals, as contained in their written recovery plans, if they are to move into advanced stages.
- Help program participants to recognize their progress and celebrate with them over it.

Staff Responsibilities

- Help your client accurately evaluate his options and to see progress - establish "benchmarks" for measuring growth
- Help your client develop new personal and social resources which will contribute to a positive life style.
- Help your client access needed resources that have been identified for himself.
- Determine what your client's needs are.
- Help your client to identify these needs for himself.
- Help your client reduce denial of the drug problem.
- Identify resources in the community which may address those needs for the client which may not be addressed at the program
- We succeed when we are no longer needed.
- Model a healthy godly lifestyle. Be an example in word and deed of the principles you hope the client to adopt.
- Help the client to learn to walk with the Lord on his own; listening to his conscience, personal prayer and Bible study, etc.

Environmental Factors

- Real Listening
- Respect
- Individualized Attention - goals and objectives
- Every Activity has Therapeutic Value
- Well-organized program
- Drug Free
- Stable - Clearly communicated rules and policies
- Orderly
- Segregated
- Emotionally Safe
- Confidential